



ALWAYS  
BLOOMING  
WITH AMY LAUX

# Serving Women Who Are Overwhelmed Simply Feel Better

You are busy doing/taking care of all the things- your kids, your aging parents, maybe even your grandkids, your job, your home, your finances, your family's health, your wellness. You have aches & pains, the occasional hot flash, low energy, ... **You Are Overwhelmed**, not knowing how ... but you want to **Simply Feel Better**.

Here are things that help me:



For Energy:

- diffusing lavender during the night
- taking collagen daily, read about my epiphany moment [here](#)



For Calm & Clarity:

- diffusing valor, applying on my face
- applying clarity, joy, & valor daily, read about this protocol [here](#)



For Aches & Pains:

- applying peppermint, cool azul pain cream, cbd muscle rub (snag [here](#))
- stretching for 7 minutes every day

Read more [here](#)  
about my journey to  
**Simply Feel Better.**

#HealingFromTBI #FullTimeJob  
#Caring4AgingParent

Get Started Today!



## GOOD.

Choose a product or two you want, and order them as a Loyalty Rewards Order. Get started [here](#).

## BETTER.

Make a Shift™ Essential Solutions™ Kit, [snag here](#).

## BEST.

Purchase the Oils PSB & order on Loyalty Rewards, [here](#).

Why join me?



My hope is for you to support your body, mind, and soul in natural & healthy ways. For you to keep blooming and take control of your choices, to stop chasing the symptoms with things that may have unfortunate side effects. And for you to learn easy ways to **Simply Feel Better**.



[Always Blooming Website](#)



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## THE 14 DAY RESET

~ Are you tired of feeling exhausted, struggling to get a good night's sleep, lacking focus during the day?

~ Craving a natural solution to boost your energy levels, enhance your productivity, support your overall health?

~ I am about to do a 14 Day Reset that will do all this & more.

**LEARN MORE [HERE](#). AND SNAG YOUR 14 DAY RESET BUNDLE [HERE](#).**

*I am an independent distributor of Young Living. Anything shared in this document is specific to Young Living Essential Oils only. The info stated here is not to diagnosis, treat, cure, or prevent any disease. Please consult your physician with questions. If you are on meds, please do not stop. This is simply my experience being shared.*